

Wellness committee minutes for 10/12/16

Present: Rudy, Ben, Wendell, Chris, Tricia, Joy, Deanna & Justine

10/12/16 7:45am Rudy, Ben, Wendell, Chris, Tricia, Justine, Joy, Deanna

Planning to have the next walking school bus on Friday, October 21. We will need about 10-12 volunteers at south and at least 15 for north/ms/hs. Wendell and Ben will remind/discuss with students next week and Ben will send a reminder to the PTO for volunteers. Chris will check with Brian Broich for transportation.

Staff/Employee wellness: Deanna checked into getting staff Fitbits, the school would need to commit to buying 100 and then there would be discounts applied. Chris will check with Renae to see if there are any insurance incentives that might apply for staff. Justine will be listening to a Wellness Wednesday Webinar today about employee wellness.

Justine & Joy will start work on updating the wellness policy.

Staff flu shots will be offered October 27th. Public health will be able to bill insurance this year.

The hospital's health and wellness fair will be October 22.

Preliminary discussions of the career fair, health fair and meals from the heartland began. Rudy and Tricia will be looking at dates and coordinating with other staff regarding this.