

Wellness committee minutes for 2/8/17

The wellness committee met at 7:50am on 2/8/17.

Members present: Amy, Deanna, Justine, Tricia, Chris, Wendell, Rudy, Ben, Joy
Members have been making contact for vendors for health and wellness fair. We are looking at 8-10 booths/areas for students to rotate through.

Joy reported on the meeting with our wellness coach. Overall CD has many positives for where we are at as a district. There is a progress report to be filled out for each building. Joy will email these out--main contact for each building--Ben-south; Deanna-north; Wendell-MS/HS. Our wellness coach will come for her 2nd visit in March or April and will plan on meeting with the whole committee.

Next Wednesday-February 15th will be the 1st wellness Wednesday at south school-K-2nd will participate.

Our District Live healthy Iowa team has 5 staff members.

Chris is going to check into the status on the water bottle filling stations that were purchased/donated by the PTO.

Next meeting will be Friday, March 3rd at 7:45am in the TAP room. Be thinking about dates for spring walking school bus :)